

The Kaplan Hearing Center

8818 Centre Park Drive

Suite 107

Columbia, MD 21045

410-740-4885

Electronystagmography (ENG)

This test is designed to detect a malfunction in your balance mechanism. It is not a painful test but it does take time. Please allow 1 – 1 ½ hours for this test.

Special instructions:

- Do not eat or drink for 3 hours prior to taking the test.
- Avoid all alcoholic beverages for 48 hours prior to taking the test.
- Do not use ANY makeup.
- Be prepared to remove contact lenses if you wear them.
- **Do not stop medications for heart disease, diabetes, or high blood pressure.**
- Please do not take the following medications for 48 hours prior to your test as they can cause false results. Consult your primary care physician if you have any questions:
 - Anti-vertigo / anti-dizziness medications
 - Tranquilizers, sedatives, nerve medication, and sleeping pills
 - Pain medications (NARCOTICS AND BARBITURATES)
 - Anti-histamines / anti-allergy medication